



TUFTS HEALTH PLAN NAVIGATOR MEMBERS RECEIVE A FITNESS PROGRAM WITH GREAT VALUE!

FITNESS PROGRAM HIGHLIGHTS

Gym Discount

\$150 mail-in fitness rebate (per household) on your annual gym member fees after four consecutive months of membership with both Tufts Health Plan and your qualifying health & fitness club

Members save 20%–60% on all membership fees

No initiation or joining fees at Tufts Health Plan participating network fitness centers (available for all family members)

Reimbursement

Members receive the \$150 rebate by submitting the attached reimbursement form*

Members receive discount upon joining fitness club and showing Tufts Health Plan ID card

GlobalFit members register online for discount at www.globalfit.com/tuftshealthplan

Fitness Network

Wide network of gyms, including Tufts Health Plan network of fitness centers, GlobalFit Network of gyms, and Curves

* Submission of the incorrect form will result in denial. Members will be reimbursed once a year and should only submit for reimbursement once they have paid \$150 in health or fitness club fees.

\$150 fitness rebate!
from Tufts Health Plan

Members can take advantage of our valuable discounts and wide network of participating fitness centers and gyms:

- \$150 mail-in fitness rebate (per household) on your annual gym member fees after four consecutive months of membership with both Tufts Health Plan and your qualifying health & fitness club*
- Members save 20%–60% on all membership fees**
- All initiation/joining fees are waived at Tufts Health Plan participating network fitness clubs
- The Tufts Health Plan fitness network includes:
 - Tufts Health Plan network of fitness centers (76 clubs/gyms, 36 Boys & Girls clubs)
 - GlobalFit network of gyms nationwide (80+ in MA; 1,500 nationwide)
 - Curves® in New England (approximately 160)
- Members can visit participating Tufts Health Plan network fitness centers without joining and pay a small copayment at each visit, for up to five visits per month:
 - Age 0–5: Free
 - Age 6–15: \$3
 - Age 16+: \$6

* Qualifying health and fitness clubs include cardiovascular and strength-training equipment, and are facilities for exercising and improving physical fitness.

** This refers to the 20% discount for the Tufts Health Plan network of fitness centers and up to a 60% discount for the GlobalFit network (average savings with GlobalFit is 50%). Members receive a 50% discount on joining fees at Curves.

FOR MORE INFORMATION

Member Services: 1-800-870-9488
www.tuftshealthplan.com/gic

TUFTS Health Plan
No one does more to keep you healthy.

(All Fields Required)

1. Member's Name (Last, First, Middle Initial) (Please print in capitals)

Last

First

M:

2. Member's Tufts Health Plan #

[illegible]

3. Proof of payment through one of the following:

☐ The front and back of the cancelled check written to the fitness club, or the bank-encoded front of the check written to the fitness club, totaling at least \$150

☐ A credit card statement or receipt totaling at least \$150

☐ A statement from the fitness club, on the fitness club's letterhead with authorized signature, indicating payment of at least \$150 was made

- ☐ A receipt for purchased items, with the fitness club's name and address preprinted on the receipt, with items listed and amount of at least \$150 paid

In addition, you must include a statement from your fitness club confirming membership for four consecutive months.

4. Signature is required

I attest that the above information is accurate and complete.

5. Please submit this form and all documentation to:

**Tufts Health Plan
GIC Fitness Claims
705 Mt. Auburn Street
Watertown, MA 02472-1508**

Please do not staple any materials to this form.

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